

# RAMADAN

# PRAYER TIMES

2019  
1440

Date	Day	Ramadan	Fast Begins			Fast Ends		
			Fajr	Sunrise	Dhuhr	Asr	Maghrib / Iftar	Isha
6th May	Mon	1	3:41	5:21	1:02	5:04	8:34	9:45
NEWC 7th	Tue	2	3:38	5:19	1:02	5:04	8:36	9:47
BHAM 8th	Wed	3	3:37	5:18	1:02	5:05	8:38	9:49
BHAM 9th	Thu	4	3:34	5:16	1:02	5:06	8:39	9:50
BHAM 10th	Fri	5	3:32	5:14	1:02	5:06	8:41	9:52
LEIC 11th	Sat	6	3:30	5:13	1:02	5:07	8:42	9:53
SHEF 12th	Sun	7	3:28	5:11	1:02	5:07	8:44	9:55
MCR 13th	Mon	8	3:25	5:09	1:02	5:08	8:45	9:55
MCR 14th	Tue	9	3:24	5:08	1:02	5:09	8:47	9:57
MCR 15th	Wed	10	3:21	5:06	1:02	5:09	8:48	9:58
MCR 16th	Thu	11	3:20	5:05	1:02	5:10	8:50	10:01
MCR 17th	Fri	12	3:17	5:03	1:02	5:10	8:51	10:02
18th	Sat	13	3:16	5:02	1:03	5:11	8:53	10:04
19th	Sun	14	3:14	5:01	1:02	5:12	8:54	10:06
20th	Mon	15	3:12	4:59	1:02	5:12	8:56	10:08
21st	Tue	16	3:10	4:58	1:02	5:13	8:57	10:09
BRAD 22nd	Wed	17	3:09	4:57	1:02	5:13	8:59	10:12
BRAD 23rd	Thu	18	3:06	4:55	1:02	5:14	9:00	10:13
BRAD 24th	Fri	19	3:04	4:54	1:02	5:14	9:01	10:14
25th	Sat	20	3:02	4:53	1:02	5:15	9:03	10:17
26th	Sun	21	3:01	4:52	1:03	5:15	9:04	10:18
27th	Mon	22	2:59	4:51	1:03	5:16	9:05	10:19
28th	Tue	23	2:58	4:50	1:03	5:16	9:06	10:21
29th	Wed	24	2:56	4:49	1:03	5:17	9:07	10:22
30th	Thu	25	2:55	4:48	1:03	5:17	9:09	10:24
31st	Fri	26	2:53	4:47	1:03	5:18	9:10	10:26
1st June	Sat	27	2:52	4:46	1:03	5:18	9:11	10:27
2nd	Sun	28	2:51	4:46	1:03	5:19	9:12	10:29
3rd	Mon	29	2:50	4:45	1:04	5:19	9:13	10:30
4th	Tue	Eid-al-Fitr	2:48	4:44	1:04	5:20	9:14	10:31

Eid-al-Fitr is the celebration the day after Ramadan.  
Fasting ends on the last day of Ramadan.

The last 10 nights are the holiest nights of the month.  
They include The Night of Power; when the Holy  
Qur'an was first revealed to the Prophet.

RAMADAN TENT PROJECT

OPEN IFTAR  
2019

Open Iftar is in these cities on these dates, and  
in London for all 30 blessed nights.  
Head to [www.openiftar.co.uk](http://www.openiftar.co.uk) for more info.

RAMADAN TENT PROJECT

[www.ramadantentproject.com](http://www.ramadantentproject.com)



## Ramadan is the ninth and holiest month in the Islamic calendar

It is the month that Allah (SWT) revealed the Holy Qur'an to Prophet Muhammad (pbuh).

Muslims are commanded to fast to attain a higher level of consciousness of God, our surroundings (people & nature), and sense of gratitude. Special dispensations are made for those who are ill, pregnant or nursing, menstruating, or travelling, and for young children & the elderly.

“Oh, You who believe! Fasting has been prescribed to you, as it was prescribed to those (nations) before you, so that you may attain God-consciousness.”

**Qur'an 2 : 183**

On the day of fasting a Muslim wakes up, before dawn up until **Fajr** (the first daily prayer), to eat.

This pre-dawn meal is known as **Suhoor**

After the first prayer of the day, **Fajr**, a Muslim is prohibited from consuming any food or drink, or engaging in intimate relations. They are encouraged to improve their character, break bad habits and do good deeds.

At sunset in the evening, a prayer (called **Maghrib**) is observed, followed by a meal to break the fast.

This meal to break the fast is called **Iftar**

### THE 3 STAGES OF RAMADAN

Ramadan consists of 3 stages. The first 10 days of Ramadan are the days of Mercy. The second 10 days of Ramadan are the days of forgiveness. The final 10 days of Ramadan are the days of safety and protection from the Hellfire.

## RAMADAN TENT PROJECT

Ramadan Tent Project is a community institution developing the understanding, knowledge and experience of Ramadan & fasting for all.

We are committed to helping people understand and appreciate Ramadan, and to promoting & perfecting the act of fasting.

You can help us as we host and feed up to 25,000 people this Ramadan at Open Iftar 2019:

[www.launchgood.com/openiftar2019](http://www.launchgood.com/openiftar2019)

SWT - The Most High  
PBUH - Peace Be Upon Him

### DID YOU KNOW?

The root word of Ramadan in Arabic (Ramada رمضان), which means scorching heat, was given because of the burning of sins associated to this holy month through noble and good deeds.

### DATES MAKE A GREAT GIFT

The Prophet used to break his fast with dates & water, and this is the traditional way Muslims still break their fast at sunset.

### DID YOU KNOW?

Fasting for Ramadan is the fourth of the five pillars of Islam?

The pillars are

#### Shahada

(declaration of faith)

#### Salah

(prayer)

#### Zakat

(Donating a portion of wealth (2.5%) to charity)

#### Sawm

(fasting in Ramadan)

#### Hajj

(pilgrimage to Mecca)

### RAMADAN KAREEM

After Ramadan, Muslims celebrate Eid-al-Fitr. To wish someone happy Eid, you can say: 'Eid Mubarak'.

To wish a happy Ramadan, you can say 'Ramadan Kareem'.

